

City of Columbus Early Childhood Obesity Prevention Coalition
Draft of City of Columbus Early Childhood Obesity Prevention Plan
09/01/09

Location: Columbus Public Health
240 Parsons Ave.
Columbus, Ohio 43215

Chairperson: Autumn Trombetta

Facilitator: Cheryl Graffagnino

Attendees: D. Louise Wood (Mid-Ohio Foodbank); Deborah Eiland (Child Development Council of Franklin County (CDCFC) Headstart); Deborah Younger (CDCFC Headstart); Julia Hansel (Children's Hunger Alliance); Amy Sternstein (Nationwide Children's Hospital); Elizabeth Klein (OSU College of Public Health); Dawn Sweet (Franklin County WIC); Deb Vandebourne (CUL Headstart); David Ciccone (United Way of Central Ohio); Barb Seckler (Columbus Public Health); Sandy Gill (Columbus Public Health);

Meeting at-a-glance:

- 1) Coalition members provided an update on the childhood obesity prevention efforts in their program and services.
- 2) Draft 3 of plan reviewed. Initial feedback suggests all four goals are making good progress.
- 3) The coalition worked to brainstorm strategies for achieving the goals to increase screening and referral and increased access to healthy foods for pregnant women and for children ages birth to kindergarten.

Next Steps:

- 1) Please continue to provide feedback for refining the plan to Autumn Trombetta or Cheryl Graffagnino.
- 2) Autumn Trombetta and Cheryl Graffagnino will share an updated draft of the plan with the steering committee to finalize wording and complete the written plan.

Upcoming Meetings:

Steering Committee –

Monday September 14, 2009 2:00pm-3:30am at Columbus Public Health Room N2A

Full Coalition –

Tuesday September 29, 2009 10:00am-11:30am at Columbus Public Health Room 119 E

Agenda Item 1:

Autumn Trombetta welcomed the group and facilitated introductions.

Program Updates:

- ☐ **Mid-Ohio Foodbank (D. Louise Wood)** – New coalition member
- ☐ **Children's Hunger Alliance (Julia Hansel)** – Received a Chase Bank grant to provide early childhood nutrition education in Weinland Park. They are currently seeking a Recruitment Coordinator to work approximately 10 hours per week in the neighborhood to recruit participants.
- ☐ **CDC Headstart (Debbie Younger; Debbie Eiland)** – Preparing for students to return to the classroom next week.
- ☐ **WIC (Dawn Sweet)** - WIC is preparing for the food package changes that go into effect in October which include less juice and more fruits and vegetables.
- ☐ **CPH Institute for Active Living (Barb Seckler)** – The Institute is working with New Harvest Urban Arts Center in Linden to help them expand a local garden into a sustainable local food resource which will include growing, harvesting, preserving and distributing foods grown in the neighborhood.
- ☐ **CUL Headstart (Deb Vandebourne)** – Currently screening students for the new school year. Health screening includes BMI assessment and referral to MD per guidelines.
- ☐ **CPH Cardiovascular Health Project (Sandy Gill)** – working with Institute of Active Living and others to improve access to healthy foods throughout the City.
- ☐ **United Way of Central Ohio (David Ciccone)** – United Way has just released its Bold Goals; one of the focus areas is Nutrition and Fitness.
- ☐ **OSU College of Public Health (Liz Klein)** – Gearing up for the Prevention Research Center grant that the Ohio State College of Public Health has been awarded by the CDC.
- ☐ **Nationwide Children's Hospital (Amy Sternstein)** – Seeking a grant with American Academy of Pediatrics Ohio to expand Ounce of Prevention statewide; implemented an obesity screening and referral project in the Hilltop neighborhood.
- ☐ **CPH Healthy Children, Healthy Weights (Autumn Trombetta)** – Received funding from IMPACT Community Action to recruit 35 early learning centers to implement the Healthy Children, Healthy Weights program through September 30, 2010. Seeking a grant with Ohio Child Care Resource and Referral Association to expand Healthy Children, Healthy Weights statewide.

Agenda Item 2:

Cheryl Graffagnino reviewed Draft 3 of the plan (attached). Initial response indicates that the goal to increase screening and referral is progressing appropriately but needs to include a focus/process objective on evaluating effective referral.

- ☐ Include a process objective to evaluate/confirm the referral was made.
 - i. Referral resource accepted the referral
 - ii. Customer follows through on referral
 - iii. What happens once the referral is made?

Agenda Item 4:

The group discussed possible strategies to achieve the screening and referral and food access goals. Groups addressed the issues of 1) current resources/policies/education and model

practice (e.g. what is currently happening) 2) Resources/policies/education on the horizon (e.g. what is planned but not yet implemented) 3) Potential collaborations to expand resources/policies/education (e.g. what could we do if we all worked together?).

See attached strategy planning worksheets for detailed description of brainstorming ideas.